

# Lifestyle Vision Questionnaire



Name: \_\_\_\_\_

Date: \_\_\_\_\_

We know that your eyes are very important to you. We would like to know how you use your eyes on a daily basis. Along with your eye exam, this information will assist us in recommending the best options for your eyes and your personal lifestyle vision.

Do you wear glasses now?     Yes     No  
If Yes:     All the time     Sometimes  
             Only for distance     Only for reading     Only for computer

How important is it for you to read or use the computer without glasses?  
 Very important     Important     Somewhat important     Not important

If it were possible to go without glasses for most of the time, would you like that?  
 Yes     No

How many hours per day do you:    Read \_\_\_\_\_    Use a Computer \_\_\_\_\_

Do you drive at night?     Socially     Occasionally     As a profession

Have you ever considered LASIK?     Yes     No

Have you ever considered contact lenses?     Yes     No

Have you heard about or discussed Premium Multifocal Lenses with anyone?     Yes     No

## **Check the following activities you do on a regular basis**

- |                                                         |                                                |                                         |                                       |
|---------------------------------------------------------|------------------------------------------------|-----------------------------------------|---------------------------------------|
| <input type="checkbox"/> Read newspapers, books         | <input type="checkbox"/> Read medicine bottles | <input type="checkbox"/> Needlepoint    | <input type="checkbox"/> Golf         |
| <input type="checkbox"/> Drive - daytime                | <input type="checkbox"/> Drive - nighttime     | <input type="checkbox"/> Shop           | <input type="checkbox"/> Cook         |
| <input type="checkbox"/> Bicycling, Roller blades, etc. | <input type="checkbox"/> Hunt or fish          | <input type="checkbox"/> Paint / Artist | <input type="checkbox"/> Musician     |
| <input type="checkbox"/> Dine in restaurants            | <input type="checkbox"/> Play cards / dominos  | <input type="checkbox"/> Tennis         | <input type="checkbox"/> Water sports |
| <input type="checkbox"/> Travel                         | <input type="checkbox"/> Spectator sports      | <input type="checkbox"/> Movie theatre  | <input type="checkbox"/> Photography  |

**Underline the above activities that you would like to do without glasses if possible.**

What occupational, recreational or other activities do you currently engage in that aren't listed?

\_\_\_\_\_

\_\_\_\_\_

Please place an "X" on the following scale to describe your personality as best as you can:

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Easy going

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Perfectionist